ADELAIDE MASTERS RECORDS - FEMALE, SHORT COURSE 2008

Freestyle	20-24	25-29	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80-84	85-89	90-94	95-99
25m	Amy Stretton 15.14/AAC 7/9/08			Britte Uhde 15.06/AAC 30/7/06	Angela Wilkins 14.62/AAC 27/8/06	Joanne Sutcliffe 14.84/AAC 3/6/07	Kathy Heenan 15.00/AAC 11/6/06		Lynley Cooper 16.88/Mildura 23/8/07		Mary Phin 33.33/Mildura 23/8/07					Margo Bates 35.91/Mildura 23/8/07
50m	Paula Keough 29.8-Hartley 4/3/84	Lara Janiszewska 29.73/AAC 14/11/99	Joanne Sutcliffe 30.05-AAC 4/9/94	Joanne Sutcliffe 29.85-Noar. 1/4/95	Joanne Sutcliffe 30.86/AAC 31/8/03	Joanne Sutcliffe 30.58/AAC 5/6/05	Kathy Heenan 31.42/AAC 27/6/04	Lynley Cooper 34.88/AAC 8/9/02	Josie Sansom 39.75-AAC 17/7/88	Mavis Boase 45.40-Norwood 16/10/83	Mavis Boase 47.09-Parks 18/8/85	Alma Brecknock 59.18-Theb. 6/8/95	Alma Brecknock 59.78/AAC 6/6/99	Carrie Hatswell 1.12.25/AAC 12/9/04		
100m	Melanie Webb 1.12.2/AAC 6/6/99	Stephanie Palmer 1.01.52-AAC 13/3/93	Lara Janiszewska 1.05.36/Sydney 16/3/02	Alison Thompson 1.06.65/AAC 3/8/08	Sharon Beaver 1.06.36/AAC 3/8/08	Joanne Sutcliffe 1.07.39/AAC 4/5/08	Kathy Heenan 1.09.82/AAC 18/7/04	Lynley Cooper 1.19.45/AAC 8/9/02	Bernice Cohen 1.40.75/AAC 22/4/07	Mavis Boase 1.41.05-Norwood 10/6/83	Mavis Boase 1.46.20-Parks 23/6/85	Alma Brecknock 2.10.09-Noar. 8/9/96	Alma Brecknock 2.14.40/AAC 11/7/99	Carrie Hatswell 2.51.65/AAC 31/7/05		
200m	Stephanie Palmer 2.25.23 1989	Stephanie Palmer 2.11.14-AAC 4/8/91	Deborah Winslet 2.22.86/AAC 4/5/08	Tricia Marshall 2.25.59/AAC 22/4/07	Sharon Beaver 2.18.45/AAC 4/5/08	Joanne Sutcliffe 2.23.82/AAC 4/5/08	Lee O'Connell 2.32.61/AAC 4/5/08	Lynley Cooper 3.03.12/AAC 8/9/02	Bernice Cohen 3.38.25/AAC 22/4/07	Denise Wangel 3.08.25 AAC 7/5/00	Ruth Hartley 4.42.46/AAC 23/10/05	Kate McCarthy 4.46.25AAC 5/4/98	Alma Brecknock 5.01.81-AAC 26/7/98			
400m	Stephanie Palmer 4.57.12 1989	Stephanie Palmer 4.29.10-AAC 4/8/91	Steph. Palmer White 5.03.24-Theb. 11/8/96	Natalie Hann 5.20.35/AAC 25/11/07	Stephanie Palmer-White 4.50.29/AAC 25/11/07		Pam Gunn 6.27.90/Mildura 23/8/07	Lynley Cooper 6.33.51/AAC 8/9/02	Bernice Cohen 7.52.60/AAC 25/11/07	Mavis Boase 8.15.82-Parks 12/8/84	Kate McCarthy 9.57.91-Noar. 23/7/96	Norma Fowler 10.08.42-Theb. 6/8/95	Alma Brecknock 10.51.77/AAC 14/11/99			
800m	Stephanie Palmer 10.01.04 1989	Stephanie Palmer 9.06.67-AAC 1/9/90	Steph. Palmer White 10.22.27-Noar 23/7/96	Natalie Hann 10.48.50/AAC 25/11/07	Sharon Beaver 9.51.14/AAC 26/7/08	Pamela Gunn 13.11.74/AAC 12/10/03	Pam Gunn 13.31.61/AAC 25/11/07	Bernice Cohen 15.10.23 AAC 1/11/01		Mavis Boase 16.40.06-Noar. Jun-84	Mavis Boase 16.44.00-Noar. Dec-84					
1500m	Stephanie Palmer 18.48.02 1989	Stephanie Palmer 17.38.57-AAC 2/6/90	Steph. Palmer White 19.32.19-Noar. 23/7/96		Joanne Sutcliffe 20.45.99/AAC 12/10/03	Joanne Sutcliffe 20.08.47/AAC 25/11/07	Lee O'Connell 21.52.71/AAC 25/11/07			Mavis Boase 31.40.90-Noar. Nov-84						

Backstroke	20-24	25-29	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80-84	85-89	90-94	95-99
25m					Julie Astley 20.26/AAC 2/7/06	Joanne Sutcliffe 16.45/AAC 7/9/08	Kathy Heenan 18.51/AAC 2/7/06		Lynley Cooper 24.27/Mildura 23/8/07		Mary Phin 36.69/Mildura 23/8/07					Margo Bates 1.08.08/Mildura 23/8/07
50m	Amy Stretton 39.90/AAC 3/8/08	Joanne Sutcliffe 34.24/Parks 18/8/85	Joanne Sutcliffe 33.54/AAC 2/9/94	Joanne Sutcliffe 34.31/AAC 14/11/99	Sharon Beaver 33.60 AAC 26/7/08	Joanne Sutcliffe 34.86/AAC 19/8/07	Kathy Heenan 37.68/AAC 22.8.04	Lynley Cooper 50.10/AAC 18/7/04	Elly Fleig 46.12/AAC 30/7/06	Di Simons 1.02.97 AAC 6/5/01	Elizabeth Berce 1.01.28/AAC 27/7/97	Elizabeth Berce 1.06.24 AAC 18/6/00	Alma Brecknock 1.10.50/AAC 14/11/99	Alma Brecknock 1.18.62/AAC 3/8/03		
100m	Melanie Webb 1.25.387 AAC 18/6/00	Steph Palmer-White 1.12.18AAC 28/7/91	Joanne Sutcliffe 1.12.66/AAC 2/9/94	Joanne Sutcliffe 1.12.66/Noar. 1/4/95	Sharon Beaver 1.11.58/AAC 7/9/08	Joanne Sutcliffe 1.15.64/AAC 31/7/05	Kathy Heenan 1.24.21/AAC 18/7/04	Denise Wangel 1.35.41/AAC 22/7/90	Josie Sansom 1.52.15/AAC 17/8/88	Elizabeth Berce 2.09.45/AAC 28/7/91	Elizabeth Berce 2.18.32/Noar 1/4/95	Elizabeth Berce 2.25.67 AAC 16/9/01	Alma Brecknock 2.42.75 AAC 23/6/02	Alma Brecknock 2.40.54/AAC 31/8/03		Margo Bates 5.12.32/Mildura 23/8/07
200m	Melanie Webb 2.58.44/AAC 14/11/99	Steph Palmer-White 2.31.28/AAC 13/3/93	Joanne Sutcliffe 2.37.62/AAC 4/9/94	Joanne Sutcliffe 2.41.40/AAC 5/9/99	Sharon Beaver 2.33.40/AAC 7/9/08	Joanne Sutcliffe 2.42.46/AAC 7/9/08	Kathy Heenan 2.59.50/AAC 12/9/04	Denise Wangel 3.24.22/AAC 27/5/90	Josie Sansom 4.07.43/AAC 2/6/91	Denise Wangel 3.41.00 AAC 7/5/00	Kate McCarthy 4.59.72/AAC 13/3/93	Elizabeth Berce 5.05.35 AAC 29/7/01	Alma Brecknock 5.20.83/AAC 28/7/02			Margo Bates 11.55.69/Mildura 23/8/07
400m	Suzanne Lochert 7.36.37/AAC 12/10/03				Joanne Sutcliffe 5.38.13 AAC 30/7/00	Kathy Heenan 6.32.06/AAC 12/10/03			Di Simons 9.45.47/Noar 23/7/96	Di Simons 10.22.33 AAC 1/11/01						
800m					Joanne Sutcliffe 11.48.50 AAC 1/11/01	Kathy Heenan 13.17.10/AAC 12/10/03	Di Simons 18.09.90 1989			Di Simons 21.04.26 AAC 1/11/01						
1500m					Joanne Sutcliffe 22.23.59 AAC 1/11/01	Kathy Heenan 25.03.37/AAC 12/10/03				Di Simons 40.11.00 AAC 1/11/01						

Breaststroke	20-24	25-29	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80-84	85-89
25m	Amy Stretton 18.53/AAC 7/9/08			Jennifer Thomas 21.09/AAC 8/7/07	Angela Wilkins 18.89/AAC 2/7/06	Joanne Sutcliffe 19.00/AAC 29/6/08	Sue Graebner 22.84/AAC 23/4/06		Lynley Cooper 23.19/Mildura 23/8/07	Bessy Kesic 33.45/AAC 7/9/08	Di Simons 31.02/AAC 8/7/07			
50m	Amy Stretton 40.34/AAC 29/6/08	Lynda Lehman 36.62 1987	Sondra Klitzke 40.62/AAC 31/7/05	Joanne Sutcliffe 40.33/Noar. 1/4/95	Angela Basedow 41.05/AAC 8/7/07	Joanne Sutcliffe 40.89/AAC 3/8/08	Josie Sansom 45.09/Parks 14/8/82	Josie Sansom 44.76/Hartley 15/1/84	Josie Sansom 44.71/AAC 17/7/88	Di Simons 59.45 AAC 30/7/00	Di Simons 1.05.31/AAC 26/6/05	Alma Brecknock 1.09.78 8/9/96	Alma Brecknock 1.07.87/AAC 5/4/98	Alma Brecknock 1.14.54/AAC 3/8/03
100m	Rebecca Roetman 1.23.78 1984	Lynda Lehman 1.18.21 1988	Sondra Klitzke 1.29.44/AAC 23/10/05	Natalie Hann 1.33.59/AAC 9/9/07	Angela Wilkins 1.27.70/AAC 30/7/06	Joanne Sutcliffe 1.29.90/AAC 3/8/08	Elly Fleig 1.39.51/Theb. 18/6/94	Josie Sansom 1.42.47/Parks 6/8/83	Josie Sansom 1.45.01/Hartley 30/1/88	Di Simons 2.13.90 AAC 19/9/01	Di Simons 2.27.74/Mildura 23/8/07	Alma Brecknock 2.31.24/Noar. 8/9/96	Alma Brecknock 2.29.97/AAC 5/4/98	Alma Brecknock 2.44.97/AAC 3/8/03
200m	Amy Stretton 3.09.08/AAC 1/6/08	Lynda Lehman 2.46.36 1988	Deborah Winslet 3.20.76/AAC 1/6/08	Kendall Gray 3.21.96/AAC 31/8/03	Sharon Beaver 3.02.97/AAC 1/6/08	Elly Fleig 3.28.67/AAC 2/6/91	Josie Sansom 3.40.20 1978	Heather Jones 4.07.60 AAC 30/7/00	Peggy Muncaster 4.06.00/AAC 14/11/99	Di Simons 5.02.11/AAC 12/9/04	Norma Fowler 5.15.36/AAC 27/5/90	Norma Fowler 5.35.00/AAC 25/6/95	Alma Brecknock 5.31.75/Theb. 9/5/98	Alma Brecknock 5.48.50/AAC 31/8/03
400m	Natalie Boucher 7.23.59/Noar 23/7/96		Suzanne Bussell 7.10.65 1989		Vicki Hodgson 7.56.90/Noar. 23/7/96	Peggy Muncaster 8.13.54/AAC 9/11/86	Bessy Kesic 9.13.34/Noar. 23/7/96		Di Simons 10.03.73/Noar. 23/7/96	Norma Fowler 11.11.18 1989	Kate McCarthy 12.22.91/Noar.	Alma Brecknock 11.14.06/AAC 26/10/97		Alma Brecknock 12.17.41/AAC 12/10/03
800m	Natalie Boucher 14.15.07/Noar. 23/7/96		Suzanne Bussell 14.34.62 1989		Vicki Hodgson 16.28.75/Noar. 23/7/96					Norma Fowler 22.51.38 1989				Alma Brecknock 25.03.65/AAC 12/10/03
1500m	Natalie Boucher 27.59.63/Noar 23/7/96				Vicki Hodgson 31.05.67/Noar. 23/7/96	Diana Fabijan 29.46.25/AAC 25/11/07								

Butterfly	20-24	25-29	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80-84	85-89
25m	Amy Stretton 16.15/AAC 3/8/08			Helen Roach 16.68/AAC 30/7/06	Stephanie Palmer-White 15.50/AAC 7/9/08	Joanne Sutcliffe 15.76/AAC 19/8/07	Kathy Heenan 16.24/AAC 19/8/07		Lynley Cooper 20.11/Mildura 23/8/07		Di Simons 39.34/AAC 19/8/07			
50m	Paula Keough 32.31/Parks 22/6/86	Steph Palmer-White 30.91/AAC 13/3/93	Lara Janiszewska 31.74/Sydney 16/3/02	Joanne Sutcliffe 33.24/AAC 5/2/95	Sharon Beaver 32.58/AAC 7/9/08	Kathy Heenan 33.63/AAC 28/7/02	Kathy Heenan 34.06/AAC 12/9/04	Josie Sansom 42.60/Parks 26/6/83	Elly Fleig 45.74/AAC 30/7/06	Mavis Boase 1.04.99/Parks 26/6/83	Denise Robertson 1.09.93/AAC 6/9/97	Mary Kemp 1.52.75/Theb. 9/5/98	Alma Brecknock 1.38.65/AAC 6/6/99	
100m	Paula Keough 1.12.87/Parks 11/8/84	Steph Palmer-White 1.05.58/AAC 4/8/91	Lara Janiszewska 1.12.45/AAC 8/9/02	Joanne Sutcliffe 1.19.32 AAC 18/6/00	Stephanie Palmer-White 1.11.19/AAC 3/6/07	Joanne Sutcliffe 1.17.53/AAC 29/6/08	Lee O'Connell 1.22.42/AAC 1/6/08	Denise Wangel 1.45.97/AAC 22/7/90	Josie Sansom 1.54.04/AAC 18/9/88	Mavis Boase 2.25.98/Parks 6/8/83				
200m	Stephanie Palmer 2.29.72/AAC 4/6/89	Steph Palmer-White 2.17.13 6/9/91	Steph Palmer-White 2.35.97/Noar. 13/4/96	Mary Duell 3.31.96/AAC 14/11/99	Stephanie Palmer-White 2.32.82/AAC 2/7/06	Lee O'Connell 3.10.01/AAC 27/6/04	Lee O'Connell 3.05.63/AAC 29/6/08	Bessy Kesic 5.06.88/AAC 14/11/99						
400m	Rowena Newcombe 6.29.14/AAC 12/10/03		Steph Palmer-White 11.39.58/Noar. 23/7/96			Kathy Heenan 7.25.43/AAC 12/10/03	Lee O'Connell 7.04.22/AAC 25/11/07							
800m														

Medley	20-24	25-29	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80-84	85-89
100m	Paula Keough 1.16.20/Parks 18/8/85	Steph Palmer-White 1.12.87/AAC 2/6/91	Lara Janiszewska 1.14.05/Sydney 16/3/02	Joanne Sutcliffe 1.13.05/Noar. 1/4/95	Sharon Beaver 1.14.27/AAC 1/6/08	Joanne Sutcliffe 1.15.51/AAC 3/8/08	Kathy Heenan 1.24.28/AAC 27/6/04	Denise Wangel 1.35.60/AAC 13/3/93	Elly Fleig 1.41.41/AAC 30/7/06	Mavis Boase 2.12.54/Norwood 16/10/83	Diana Simons 2.46.64/AAC 4/5/08	Norma Fowler 2.44.63/AAC 25/6/95	Alma Brecknock 2.34.46 5/9/99	
200m	Paula Keough 2.41.81/Parks 11/8/84	Steph Palmer-White 2.29.82/AAC 7/9/91	Joanne Sutcliffe 2.43.94/AAC 17/7/94	Ilza Ostrovska 2.44.23/AAC 12/9/04	Sharon Beaver 2.38.33/AAC 7/9/08	Joanne sutcliffe 2.46.43/AAC 7/9/08	Kathy Heenan 3.02.07/AAC 22/8/04	Lynley Cooper 3.42.53/AAC 28/7/02		Denise Wangel 3.37.06 AAC 7/5/00	Kate McCarthy 5.26.32/Noar. 8/8/93			
400m	Natalie Boucher 6.52.56/Theb. 6/8/95	Steph Palmer-White 5.06.88/AAC 28/9/91	Steph Palmer-White 5.40.71/AAC 23/6/96	Jennifer Thomas 6.53.09/AAC 25/11/07	Sharon Beaver 5.28.74/AAC 26/7/08	Pamela Gunn 7.40.60/AAC 12/10/03	Elly Fleig 6.34.30/Theb 18/6/94							
800m	Rowena Newcombe 13.07.73/AAC 12/10/03				Sharon Beaver 11.40.45/AAC 25/11/07									